

Karate

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Karate

Karate (空手) (/kəˈrɑːti/; Japanese pronunciation: (); Okinawan pronunciation:) is a martial art developed in the Ryukyu Kingdom.It developed from the indigenous Ryukyuan martial arts (called te (て), "hand"; tii in Okinawan) under the influence of Kung Fu, particularly Fujian White Crane. Karate is now predominantly a striking art using punching, kicking, knee strikes, elbow ...

Karate - Wikipedia

Karate, (Japanese: “empty hand”) unarmed martial-arts discipline employing kicking, striking, and defensive blocking with arms and legs. Emphasis is on concentrating as much of the body’s power as possible at the point and instant of impact.

Karate | Origin, Description, & History | Britannica

World Karate is a proud affiliate of Capital MMA, with the only black belts in Virginia and Washington DC under Mixed Martial Arts (MMA) legend–and world’s leading self-defense expert–Royce Gracie. SUMMER CAMPS. This is open to World Karate Students/non-students for Teacher work days camps, Snow day camps, and Summer/Spring camps.

World Karate: Finest Martial Arts Instruction in Virginia

Karate is primarily a striking art that teaches practitioners to utilize punches, kicks, knees, elbows and open hand strikes to disable opponents. Beyond this, karate teaches practitioners to block strikes and breath properly. Most styles of karate also extend into throws and joint locks. Weapons are utilized in most styles as well.

Martial Arts History: The Types of Karate

Best Martial Arts in Woodbridge, VA 22191 - Trident Academy of Martial Arts, Yamasaki Academy Woodbridge, Life Champ Martial Arts of Woodbridge, Action Martial Arts & Fitness, Premier Martial Arts, America's Best Tae Kwon Do Center, United Martial Arts, Majest Martial Arts, LARSEN'S WING CHUN, Tiger Den

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We specialize in teaching martial arts for kids. Our Children’s Martial Arts program is a fun, memorable class. Life Champ Martial Arts instructors use positive feedback to help your child build a strong foundation of self-discipline, self-esteem, and respect.

Life Champ Martial Arts | Best martial arts school in ...

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Action Martial Arts & Fitness | Tae Kwon Do, Martial Arts ...

Train with your neighbors Due to our longstanding reputation, our students come from all over Northern VA to learn martial arts in Woodbridge / Dale City, additionally many students seeking karate or taekwondo or alternatives to traditional styles travel from areas such as Manassas, Stafford, Triangle, Quantico.

Trident Martial Arts | BJJ - MMA - Muay Thai Boxing and ...

Transportation, Homework, Tutoring, Computer Classes, Martial Arts Classes, Life Lessons

virginiakarate.com - Adult Classes

WCRB Karate utilizes an Academic Excellence Program through Behavioral Modification. Research acquired over a 25 year period by "Master" Rodney Batiste supplied the basic strategies used in this inventive, unique, and successful time-proven program. The program is designed to help children

WCRB Karate

Don't miss exclusive access to karate combat - the combat sport of the future. Watch featured fights and learn more about our fighters.

Karate Combat - Full Contact Karate League

Ueshiro Shorin-Ryu Northern Virginia is part of Ueshiro Shorin-Ryu Karate U.S.A. (www.shorinryu.com) founded by Grand Master Ansei Ueshiro and directed by Hanshi Robert Scaglione, with many affiliated clubs and dojo around the world.

Ueshiro Shorin-Ryu Northern Virginia - Ueshiro Shorin-Ryu ...

karate, tae kwon do, & kickboxing Premier Martial Arts specializes in teaching children character development through the study of martial arts. Our unique curriculum combines the styles of Karate, Tae Kwon Do, Krav Maga, and Kickboxing to develop our students to be a well-rounded martial artist.

Premier Martial Arts - Woodbridge - Martial Arts Lessons

Karate is best known in pop culture for its shuto uchi, or karate chop. This fighting style emphasizes hand techniques and uses kicks as backup.

Karate vs Taekwondo: Similarities and Differences

Karate is one of the most widely practiced martial art forms in the world. Martial arts rely on acute physical coordination and mental focus. They were developed in Asia (primarily India, China and Japan) over the course of several thousands of years.

What is Karate? - How Karate Works | HowStuffWorks

noun a method developed in Japan of defending oneself without the use of weapons by striking sensitive areas on an attacker's body with the hands, elbows, knees, or feet.Compare judo, jujitsu. a sport based on this method of self-defense.

Karate | Definition of Karate at Dictionary.com

Shōtōkan (空道), Shōtōkan) is a style of karate, developed from various martial arts by Gichin Funakoshi (1868–1957) and his son Gigo (Yoshitaka) Funakoshi (1906–1945).

Shotokan - Wikipedia

a sport, originally from Japan, in which people fight using their arms, legs, hands, and feet. The level of skill a person has is shown by what colour belt they wear.

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